

Acceptance

"And acceptance is the answer to all my problems today.

When I am disturbed,

it is because I find some person, place, thing, situation --

some fact of my life -- unacceptable to me,

and I can find no serenity until I accept

that person, place, thing, or situation

as being exactly the way it is supposed to be at this

moment.

**Nothing, absolutely nothing happens in God's world by
mistake.**

Until I could accept my alcoholism, I could not stay sober;

unless I accept life completely on life's terms,

I cannot be happy.

I need to concentrate not so much

on what needs to be changed in the world

as on what needs to be changed in me and in my

attitudes."

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